

SUNRISE NEWS AND VIEWS



DURING THIS LENTEN SEASON,
*we praise God for
his righteous Son,*
who perfectly kept all of God's commandments
for us and paid the full price
for our disobedience.

March



PREPARING OUR HEARTS AND MINDS FOR LENT

It's amazing what we can learn. Opening our hearts and minds to others and their experiences of life can have a powerful and sometimes intense effect on our own lives.

Lent is a similar time of awakening; a time to allow life to slow down, to look at things differently, and to be with God in new ways. It is a time to consider hope and life and commitment to God, and to notice how God might be pruning or teaching each of us. Before planting flowers, vegetables, or ideas, the soil must first be tended and nourished and prepared.

That's the Season of Lent. A time to get ready. A time to prepare ourselves. A time to meet God where we are. A time to let God prepare us for what lies ahead.

A mysterious epidemic from 1915 to 1926 known as "Sleeping Sickness" called Encephalitis Lethargica had many people puzzled. Over one million people contracted Encephalitis Lethargica and resulted in over 500,000 deaths. Many of those who survived did not resume their previously active lives or return to normal health. Instead, most of them remained in a statue-like condition, speechless and motionless.

Watching the 1991 Netflix movie "Awakening," starring Robin Williams and Robert De Nero, I learned that the movie is based on neurologist Oliver Sacks' book by the same name. "They would be conscious and aware – yet not fully awake," wrote Sacks. "They would sit motionless and speechless all day in their chairs, totally lacking energy, impetus, initiative, motive, appetite, affect or desire; they registered what went on about them without active attention, and with profound indifference. They neither conveyed nor felt the feeling of life; they were as insubstantial as ghosts, and as passive as zombies." (p. 14).

Sacks did a trial with a therapy being used for Parkinson's Disease, at much higher dosages. And miraculously, the treatment caused patients to come alive! Those previously motionless patients could smile and talk with each other! They could dance and converse with their fellow patients! They could feed themselves and be able to make lists of things to buy! They could even go out into the public square and were able to shop, take public transportation, hold hands and fall in love.

While the therapy worked, it had been a time of celebration and joy and relationship building that we all take too much for granted. Sadly, the medication finally stopped working and their bodies returned to that motionless state. A huge gift that the experience gave to the caregivers was the renewed commitment to always treat every person –patient or staff-- with respect and kindness. Staff care and respect for their patients was transformed. Friendships blossomed. Life was cherished. People were esteemed highly.

During this Season of Lent, how will your hearts and minds be prepared to welcome the risen Christ into your life? What small steps do you need to take to be intentional about your Christian faith and the ways that your service and love radiate out to include the sick, the hungry, the lost, the poor? Who are you holding in your heart today who needs some extra TLC? Who has God laid on your heart to care for?

Joyfully serving Christ with you!

Pastor Deb

ADULT SUNDAY SCHOOL

Adult Sunday School Class



Topics for Adult Faith in the Parlor
The adult class meets in the parlor on Sunday mornings. During Lent, Adult Faith will view *24 Hours that Changed the World* with Adam Hamilton. You are invited to drop in to join us any Sunday. We meet from 10:45-11:45 am Sunday mornings.

YOUR HELP IS NEEDED

Because we have young children in church, we would like to start offering a Time for Children. Might God be calling you to give an occasional message? Just a moment to tell a quick story to help them get the gist of the scriptures. We will only have a Children's Time when someone signs up. Everyone is welcome to speak! Please check with Edie in the church office to fill a slot on the list.

Children's
Message



MORNING & AFTERNOON CIRCLES



Sunrise Women Bible study will be held on March 21. All women are welcome to attend. The Morning Circle will meet at 9:00 am at Presbyterian Manor.

The Afternoon Circle will meet at Katie Weis' home at 2:00 pm.

STEWARDSHIP AND FINANCE

Understanding the 2024 Budget

The 2024 budget was approved by the Session in their January meeting. Major changes from the 2023 budget are highlighted below:

Income:

- A) Pledges are up from \$174K to \$181K.
- B) We have \$8207 in prepaid pledges. These are contributions received in 2023 for 2024. We will draw 1/12 of this amount out each month to the operating budget.
- C) The cash carryover line item was eliminated. Last year it was a little over \$42K, which allowed us to show a balanced budget, even though it was not. By eliminating this line item, the 2024 budget has a \$37K deficit, which is a more realistic view of our budget and finances.

Expenses:

- A) Insurance premiums have increased.
- B) We anticipate utility charges to increase.
- C) A 3% lump sum payment will be given to our employees in February in lieu of a permanent wage increase. It has been since 2020 since our employees have seen an increase. We wanted to acknowledge their efforts over the last few years.
- D) Heartland Day Camp was eliminated., There was \$700 in the 2023 budget, but actual expenses were a little over \$2000. First Presbyterian Church will be hosting the Day Camp this year. Please check with them if you have kids or grandkids who might like to attend.
- E) Our giving to Presbytery Mission was reduced from \$14,800 to \$11,443.

Of note:

Pastor Deb's contract terms are the same in 2024 as they were in 2023, although she will enjoy the 3% lump sum mentioned above.

If you have any questions about the 2024 budget, please feel free to ask myself or any member of the Finance Committee.

Dave Parks

FINANCIAL UPDATE	
End of January, 2024	
Year to Date Income	\$ 16,695
Year to Date Expenses	<u>\$ 23,000</u>
Difference	\$ <6,305>

DON'T FORGET

The Stewardship and Finance meeting on Monday, March 11 at 5:30 pm.



MATCH MADNESS

Match Madness will take place on March 21 at the Salina Fieldhouse. It is an opportunity to give to the endowment fund of many local nonprofits and Sunrise Presbyterian Church is one of them.

What is an endowment fund, you ask? Endowment funds are a type of investment fund held by nonprofit organizations such as universities, churches, museums, and other charities. The donations inside the fund usually stay invested forever, and only the earned interest is available to be pulled out and spent each year. In other words, we can't touch the principle, but can withdraw (within the guidelines) the investment gains and interest.

A donation made on March 21 will be added to our endowment fund held at the Greater Salina Community Foundation (GSCF). For every dollar given **that day** to the endowment fund, there is a possible match of up to 50%. As an example, if we received \$2000, the match could be \$1000. The matching amount is determined after the event. We have our choice of having the matching amount sent to us for our operating budget or to be invested in our endowment fund.

As of our last statement, we currently have \$309,490 in the Sunrise endowment fund. Per our agreement with GSCF, we can pull out up to 5% of the net fair market value of the fund, valued as of the first day of each year. In September 2023, we received a check for \$16,712 from the GSCF and the fund.

It may seem like a slow and boring way to invest, but over time it ends up being a good revenue stream for Sunrise.

Please consider giving on March 21 to the Sunrise Presbyterian Church endowment fund. If you have any questions, please feel free to contact me.

A heartfelt thanks,

Dave Parks



MATCH MADNESS IS MARCH 21

I will once again be willing to take your check to the Salina Fieldhouse on the morning of March 21. Your check **MUST** be dated March 21, 2024. Please put Sunrise Presbyterian Church in the memo line. You can actually give it to me any time before that date, just make sure it is dated March 21 so it will be eligible for up to a 50% match.

You may also make an online donation using a credit card. Go to <http://www.GSCF.org> to make your donation. You can donate at any time but **ONLY** donations on March 21 will be eligible for up to a 50% match. Scroll down until you find "Salina Sunrise Presbyterian Church" and click "donate".

Sara Orr will be shooting free throws on our behalf at 4:00 that day. Please feel free to come to the Fieldhouse and cheer her on !!

Dave Parks

March 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 6:00 Al-Anon 8:00 AA	2
3 9:30 Worship Communion 10:30 Fellowship 10:45 Sun. School 10:50 Bell Practice	4 6:00 pm Worship 7:00 pm Mission 6:30 Chorale	5 10:00 Nurture & Evangelism 11:00 Lectionary 8:00 AA	6 8:30 am PROFS 1:00 Lenten Study 6:00 Choir	7 11:30 Out to Lunch Bunch	8 6:00 Al-Anon 8:00 AA	9 Chili Supper Serve 5:00—6:30
10 9:30 Worship 10:30 Fellowship 10:45 Sun. School 10:50 Bell Practice 2:00 Grief Support	11 5:30 Stewardship Finance 6:30 Chorale	12 11:00 Lectionary 8:00 AA	13 Commodities 9:00 –10:00 4 H Building 1:00 Lenten Study 6:00 Choir	14 4:00 Deacons	15 6:00 Al-Anon 8:00 AA	16
17 9:30 Worship 10:30 Fellowship 10:30 Blood Pressure check 10:45 Sun. School 10:50 Bell Practice 2:00 Prayer Shawl	18 1:00 3rd Monday Book Study 6:30 Chorale	19 11:00 Lectionary 8:00 AA	20 1:00 Lenten Study 6:00 Choir 7:00 Current Issues	21 9:00 Circle at Presbyterian Manor 2:00 Circle at Katie's home Match Madness	22 6:00 Al-Anon 8:00 AA	23 Session Record Review & Clerk Training Event 10:00 till Noon MPR
24 9:30 Palm Sunday 10:30 Fellowship 10:45 Sun. School 10:50 Bell Practice	25 6:00 Session 6:30 Chorale	26 11:00 Lectionary 8:00 AA	27 1:00 Lenten Study 6:00 Choir	28 6:00 Maundy Thursday Worship Service with Communion	29 6:00 Good Friday Worship 6:00 Al-Anon 8:00 AA	30
31 9:30 Easter Worship Communion 10:30 Fellowship						



PANCAKE BREAKFAST



Because of time restraints Sunrise cannot have a REAL pancake breakfast this year, we're having a virtual pancake breakfast. Just make your check out to the church and put in the memo line CASTLE 2024. Please have checks to the church by March 1. CASTLE is celebrating its 20th year this year!

MISSION COMMITTEE INFORMATION

The Mission committee has been hard at work. Paul McAfee coordinated the collection of soup for Souper Bowl of Hope, Many of our Sunrise members helped collect soup and donations at the Cloud Street Dillons in January and February.

Now is a good time to be looking for sales on winter coats, hats and gloves for our October coat give-away and mitten tree in December. We purchased 81 kids' coats that were on sale at Walmart and Sams. Last year we gave away about 350 coats.

We also will be collecting lingerie items for women at Ashby House and CKF in April.

A big thank you to the following Sunrise members and friends who helped paint at the new Salina Grace Resource Center in February: Carol Viar, Karen Sutton, Dave and Julie Parks, Steve and Tanya Ewing, Judy Wooten, Rosie McKee, Kim Gillam, Larry Buyse, Katie Weis, and Jim Modin, from Sunrise, and Chandra Cooper from First Presbyterian. It is a huge space and the general contractor was amazed at the amount of work we accomplished!

The One Great Hour of Sharing offering will be collected from March 3-31, 2024. The three programs supported by One Great Hour of Sharing are: Presbyterian Disaster Assistance, the Presbyterian Hunger Program, and Self-Development of People. All work in different ways to serve individuals and communities in need. From initial disaster response to ongoing community development, their work fits together to provide people with safety, sustenance, and hope. Please consider donating to support individuals and communities in need.

Whew! That is a lot of mission activity and Sunrise always answers the call. Thank you all for your continued support of our many activities!

Karen Sutton

Meetings & Events

Every Sunday

Bell Practice 10:50 am

Every Tuesday

Lectionary Study 11:00 am

Every Wednesday

Choir Practice 6:00 pm

First Sunday

Communion

First Monday

Worship Committee 6:00 pm

Mission Committee 7:00 pm

First Tuesday

Nurture & Evangelism 10:00 am

First Wednesday

PROFS 8:30 am

First Thursday

Lunch Bunch 11:30 am

2nd Sunday

Grief Support 2:00 pm

2nd Monday

Stewardship & Finance 5:30 pm

3rd Sunday

Blood Pressure Check 10:45 am

Prayer Shawl Ministries 2:00pm

3rd Monday

Book Study 1:00 pm

3rd Wednesday

Current Issues Class 7:00 pm

4th Monday

Session 6:00 pm

4th Thursday (Sept-May)

Morning Circle 9:00 am at Pres. Manor

Afternoon Circle 2:00 pm at Katie Weis'

Periodically

Building & Grounds

Deacons

Personnel

Worship at Presbyterian Manor

Sunrise News

PROFS

PROFS will meet, Wednesday, March 6, at 8:30 am in the MPR.



OUT TO LUNCH BUNCH

The Out To Lunch Bunch will meet on Thursday, at Daimaru Restaurant, March 7 at 11:30 am.

Don't forget to RSVP to Patti Breeding Please come and enjoy fellowship and good food. Everyone is welcome!

NEWSLETTER

Articles for the April Newsletter are due Friday, March 15.



DISASTER FOOD GIVEAWAY & COMMODITIES

Sunrise people fed 49 people in January. Thanks to all who braved the cold weather to help with the distributions. We have a great group of people who help. Thanks again! The date for next distribution of Commodities will be March 13, but will be held at the 4H building. Time will be 9:00-10:00 am.
Sylvia Phillips



CURRENT ISSUES CLASS

Current Issues Class will be held on March 20 at 7:00pm in the parlor. Please plan to attend.

BLOOD PRESSURE CHECK

The Nurses will do Blood Pressure Check on the 3rd Sunday of the month.



COFFEE HOUR

The Coffee Hour for March and April sign up sheets are on the bulletin board.



Zyla's Surprises

Zyla McElwain, (age 13) daughter of Brianna Hutton, granddaughter of Ruth Hutton, has been diagnosed with a malignant brain tumor. Zyla and Brianna are at Children's Mercy Hospital in Kansas City. She began 6 weeks of radiation treatments. We would like to send little gifts to Zyla several times a week for the 6 weeks. Books, lotion, things for her hair, small stuffed animals, etc. You might want to give a gift card for gas or food. Please consider contributing something to brighten her day. The mailing will be taken care of. Questions? Contact Carol Viar 785-820-6598.

AGENCY OF THE MONTH Salina Grace



"We partner with people as we assist them in finding the help they need."
Jazzman Byfield
Community Navigator

Financial Stewardship

2023 Fiscal Year Revenue		2023 Fiscal Year Expenses	
46%	Government Support	83%	Programs
39%	Individuals/Churches	12%	Fundraising
15%	Foundations	5%	Administration
	Total Revenue:		Total Expenses:
	\$412,474		\$428,792

RESOURCE CENTER	WINTER SHELTER
16,073 meals served	72 men sheltered
682 individuals served	33 women sheltered
449 assisted w/ filling applications	4 kids sheltered
208 assisted w/ ID	RESOURCE CENTER
49 off the streets into a shelter or housing pr	COORDINATED CARE WITH 16 DIFFERENT AGENCIES
72 veterans assisted	



Commodities Distribution

DISTRIBUTED BY SUNRISE PRESBYTERIAN CHURCH

NEW PHONE NUMBER 1 785 416 9352

THE NEXT GIVE AWAY WILL BE MARCH 13TH

TIME WILL BE 9:00 TO 10:00 AM.

AT THE 4-H BUILDING

You will need a Saline County photo I.D. and proof of income for a month. If you are picking up for someone you will need their information.

FOOD ITEMS: BLACK BEANS, CAN CORN, DICED TOMATOES, RICE, FROZEN CHICKEN, SPLIT PEAS, PORK LOIN, CHEDDAR CHEESE, RAISINS, FROZEN BLUEBERRIES, FROZEN APPLE SLICES, WHOLE ALMONDS, GREEN BEANS, FROZEN PEACHES IN CUPS, CAN COLLARDS, SPAGHETTI, FROZEN CHICKEN LEGS, FROZEN CHICKEN DRUMSTICKS.

INCOME GUIDE

1 PERSON \$1,580,
EACH ADDITIONAL PERSON \$557.



Sunrise
Presbyterian Church
825 East Beloit
Chili & Soup Supper
Saturday,
March 9, 2024
Serving 5:00 - 6:30 p.m.
\$7.00 adults
\$5.00 children (under 12)
Carryout available



A Reminder! The tickets are out. The help schedule is on the bulletin board. Please sign up to help. We have not had the Chili and Soup Supper since 2020. Cooking time begins at 7:30 am . We need all the help we can get.



In Service of the Church - March

March Lay Leaders

- March 3 Paul McAfee
- March 10 Tacey Barrett
- March 17 Stephanie Cool
- March 24 Jane Alsop
- March 31 Clarke Sanders



March Ushers

- March 3 Jean Reed
Mary McCall
- March 10 Rosie McKee
Patti Breeding
- March 17 Ann Zimmerman
Steve & Tanya Ewing
- March 24 Larry & Jean Buyse
- Maundy Thursday Pat Breeding
- Good Friday Pat Breeding
- March 31 Dave & Julie Parks
Kim Gillam

March Greeters

- March 3
East Door Dave & Julie Parks
South Door Pat Breeding
- March 10
East Door Ken Miller & Cheryl Sweley
South Door Tom & Sylvia Phillips
- March 17
East Door Pat Breeding
South Door Vicki Moss & Sharon Herrington
- March 24
East Door Kevin & Stephane Cool
South Door Rodney & Sara Orr
- Maundy Thursday
East Door Judy Wooten
South Door
- Good Friday
East Door Kim Gillam
South Door
- March 31
East Door Brenda Pilcher
South Door Judy Christensen



Acolytes

- March 3 Lydia Schwan
- March 10 Lydia Schwan
- March 17 Kolton & Kortney Flores
- March 24 Lydia Schwan
- March 31 Kolton & Kortney Flores

Presbyterian Manor Bus

- March 3 Ed Viar
- March 10 Pat Breeding
- March 17 Dean Atteberry
- March 24 Larry Buyse
- March 31 Ed Viar

Attendance Register For February

(Totals include YouTube view's)

Date	In Person	Youtube
4	72	35
11	74	23
18	73	27
25	78	41

March Birthdays & Anniversaries

March

3	Kathryne Perney	21	Roger & Sharon Herrington Anniv
6	Jack Gillam	22	Clay Thompson
7	Marty Christie Dexter Eggers & Ann Zimmerman Anniv	24	Ed Viar
11	Karen Sutton	25	Jean Buyse
14	Mary Lee Arnold Roger Herrington	26	Kim Gillam
17	Mark & Rebecca Giles Anniv Joy Bircher	28	Ambrose Wilkinson
		29	Harry Tysen
		31	Annie Ewing

"Leaving a Legacy: Ways to Give"

"Leaving a Legacy: Ways to Give" is the educational workshop that the Stewardship and Finance Committee is happy to bring to Sunrise members on Sunday, March 10.

We will meet after Worship in the Parlor beginning at 10:45. Jessica Martin, the Executive Director of the Greater Salina Community Foundation, will give us the information.

Gifts from wills, IRAs, stock, life insurance and CDs are some of the options. While we certainly hope you will consider giving to Sunrise Presbyterian Church, the lessons learned can apply to other not-for-profit organizations.

Gifts to Sunrise can go to our Endowment Fund, our Operating Fund, or our Building Fund - come learn about the differences.

You may make a gift of a particular amount, or you can give a percentage of your total funds. Join us to learn how to leave a legacy and help Sunrise or others in the Salina area. You don't need to be rich to be a cheerful giver, you just need to have a generous heart.

Give Thoughtfully
Give Enthusiastically
Give Voluntarily.
Give Cheerfully

"Each of you should give what you have decided in your heart to give, not reluctantly or under compulsion, for God loves a cheerful giver."

2 Corinthians 9:7 (NIV)

We look forward to seeing you on March 10th.

Ann Zimmerman and Dave Parks



EASTER FLOWER ORDERS

Given by:

Phone

In memory of

In honor of

Number Ordered:

Tulips _____ Daffodils _____ Easter Lillies _____

(Spring Flowers \$11.00) (Easter Lillies \$11.00)

(Make checks payable to Sunrise (on memo line put Easter Flowers.)

Total Cost: \$ _____

Forms will be available (if needed) on the table inside the east door.

Orders with payment due to office by Monday, March 19 by noon.

MARCH VOLUNTEER OPPORTUNITY: Serving Meals at Salina Salvation Army!

It's a joy for many in our Sunrise family to help serve meals to those who come to the Salvation Army to eat their dinner during the month of March. One or two volunteers are needed each weekday from 3:45-5:30 pm. (you may be released early if you're not busy!) This time we hope to provide help on Mondays, Wednesdays, Thursdays, and Fridays. There are only 7 days left to choose from. You are welcome to go as a single or find a friend to join you. Check your calendars and see what day(s) might work for you to help!!

Julio continues to be the cook. Many of you have met Julio and his wife, Chris and find them to be very helpful. They will appreciate any and all help we are able to provide! They will show you the window to serve from and what you'll be serving.

The Salvation Army is located at 1137 N. Santa Fe.

Please add your name to the sign-up sheet posted by the MPR (Multi Purpose Room) bulletin board!! If you have questions, contact Julie Parks, 901-218-8276.

Thank You!!



SUNRISE PRESBYTERIAN CHURCH

825 E. Beloit
Salina, Kansas 67401

Phone: 785-823-6344

Fax: 785-823-6345

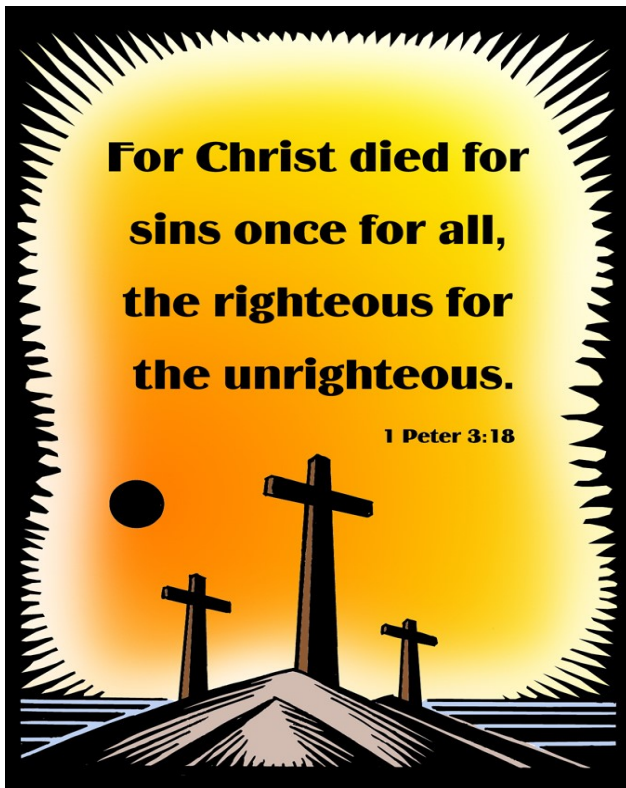
E-mail: secretary@sunrisepresbyterian.com

www.sunrisepresbyterian.com



Sunday Mornings

9:30 am in person and
Virtual Worship
10:30 am Fellowship
10:45 am Sunday School



Sunrise Presbyterian Church
825 E Beloit, Salina, (785) 823-6344

General Office Hours:

8:00 am-12:00 pm, Monday, Tuesday,
Thursday, Friday
Wednesday 8 am-12 pm, & 1 pm-5 pm

Financial Office Hours:

10:00 am-12:00 pm, Monday & Thursday

Pastor: Rev. Deb Schmidt

Director of Music: Matthew Schwan

Director of Bell Choir: Matthew Schwan

Organist: Sue Will

Church Treasurer: JoAnn Gile

Financial Secretary: Karmel Spencer

Office Administrator: Edie Hurtig

Custodian: Greg Kerr